



# ACC INCLUSIVE SWIMMING CARNIVAL

MARCH • 26 • 2024

CLAREMONT AQUATIC CENTRE



# PARTICIPATING SCHOOLS



**URSULA FRAYNE**  
CATHOLIC COLLEGE



**CORPUS CHRISTI**  
COLLEGE



# SUE BIGELOW SPIRIT SHIELD



## 2023 WINNERS Corpus Christi College

The Sue Bigelow Spirit Shield is named in honour of the late Sue Bigelow, in remembrance of the work and contribution that Sue made to inclusive programming at the Associated & Catholic Colleges (ACC). The winner of the award will be the school that most embodies the ACC maxim of '*Sport in the Right Spirit*' and has provided its students with outstanding inclusive opportunities for participation, team spirit, personal development and leadership.





A very special thankyou to the staff and student volunteers of Seton Catholic College and St Mark's Anglican Community School for hosting this year's swimming carnival.

Thankyou also to Swimming WA, for their continued support of the ACC, our member schools and students.



Thankyou to Crystal Printing, for their continued support of the ACC Inclusive Sports Program. They provide the participation certificates, for all the 2024 events.

[www.crystalprinting.com.au](http://www.crystalprinting.com.au)





# Event day summary

## ARRIVAL AND EVENT TIMES

- 8:30am HOST school to be on site for event set up
- 9am DEPUTY HOST school on site for pre-event briefing
- 9:15am Officials / volunteers briefing
- 9:45am Schools to be onsite and set up on the open grassed area
  - Please check in at the ACC area to advise of your arrival
  - Collect your team nominations and programs
  - **For those who DO NOT HAVE photo permissions, collect a wristband**
- 9:55am ACC carnival welcome
- 10:05am 50m pool event marshalling commences
- 10:10am 1<sup>st</sup> event of the carnival
- 12:30pm Final event of the day
- 12:45pm Presentations
- 2pm Pool closes for all ACC Inclusive Swimming carnival schools

## BUS PARKING

Buses will find it difficult to park in the Aquatic carpark, and are advised to park along Davies Road (per map enclosed) for drop off and collection. Students and staff can make their way down the pathway, through reception and enter the premises

## POOL USE

- 25m and 50m pools will be available for participant use prior to the event. The 50m pool will be cleared at **9:50am sharp**, in preparation for the carnival.
- 25m pool and dive pool will be available for use during the 50m events. When the 25m pool events commence, **only** the dive pool will be available as an additional pool area for participants. The 25m and dive pool will remain open for short time after the carnival ends  
**NOTE : it is the responsibility of each school, to fully supervise students in any pool area, which is being used outside of programmed events**
- Schools are responsible for any additional support an athlete(s) required for an event(s)
- There are allocated volunteer water safety swimmers for all events
- There will be two Claremont Aquatic Centre lifeguards on duty for the duration of the event

### 50m pool

- DEPTH: 1.05m – 1.80m | 8 lanes





- Pool hoist available on 50m finish end of pool (per site map)
- Stairs on one side of start line, and both sides of finish end
- participants are NOT to dive off blocks, but can start events either in the water, or they can dive from the side of the pool

#### 25m pool

- DEPTH : 0.95m – 1m | 7 lanes
- **NO** pool hoist available | stairs on both sides and at each end
- **NO DIVING ALLOWING**. All events will commence when students are in the pool

#### **MARSHALLING**

- Please keep track of which event is racing, via the event chart which will display which event is currently being swum
- ALL participants **MUST** marshal two events prior to their race, to ensure the carnival is run per the programmed timing
- All schools will be provided a copy of their school nominations on arrival, to assist with event marshalling

#### **MEDALLIONS AND RIBBONS**

- All events in **BLACK** are medallion events, with 1<sup>st</sup> place awarded a medallion, with 2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup> place ribbons awarded, along with participation ribbons. These will be presented as soon as the race ends to each student
- All events in **BLUE** are participation events, with ribbons awarded to students at the conclusion of each event

#### **NOVELTY EVENTS**

Please ensure you have read through your student event nominations, as some teachers / staff will be volunteering to support their students by jumping in on the novelty event relays !!!!

#### **CAFÉ OPEN**

The café will be open for the duration of the event

**NOTE : please be mindful that the reception area between the aquatic centre and car park have automatic doors, and schools are responsible for supervision of their students, in and around this area**

I do hope this provides you with all the information you require, however, please do not hesitate to contact me should you have any questions. I look forward to seeing you all soon, for a fantabulous day for all involved !

Cherie Pirnie  
Sport Operations Manager, Inclusion  
Associated & Catholic Colleges  
M | 044 750 2248

# 50m pool      Program of events

LANE ALLOCATIONS							
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
CHRISTCHURCH / MLC	TRINITY / MERCEDES	LA SALLE	SERVITE	CORPUS CHRISTI	SETON	URSULA FRAYNE	

Time	Event no.	Event	Age	No. of students
10:10	1	Boys 100m Freestyle	Senior	1
10:15	2	Girls 100m Freestyle	Senior	1
10:20	3	Boys 50m Freestyle	Junior	1
10:26	5	Boys 50m Freestyle	Senior	1
10:29	6	Girls 50m Freestyle	Senior	1
10:32	7	Boys 50m Breaststroke	Junior	1
10:35	8	Girls 50m Breaststroke	Junior	1
10:37	9	Boys 50m Breaststroke	Senior	1
10:40	10	Girls 50m Breaststroke	Senior	1
10:43	11	Boys 4x50m Freestyle Relay	Senior	4
10:48	12	Girls 4 x 50m Freestyle Relay	Senior	4

# 25m pool Program of events

LANE ALLOCATIONS						
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7
CHRISTCHURCH / MLC	TRINITY / MERCEDES	LA SALLE	SERVITE	CORPUS CHRISTI	SETON	URSULA FRAYNE

Time	Event no.	Event	Age	No. of students
11:00	13	Boys 6 x 25m Novelty Freestyle	Senior	6
11:05	14	Girls 6 x 25m Novelty Freestyle	Senior	6
11:10	15	Boys 6 x 25m Novelty Freestyle	Junior	6
11:15	16	Girls 6 x 25m Novelty Freestyle	Junior	6
11:20	17	Boys 6 x 25m Novelty Breaststroke	Senior	6
11:25	18	Girls 6 x 25m Novelty Breaststroke	Senior	6
11:30	19	Boys 6 x 25m Novelty Breaststroke	Junior	6
11:35	20	Girls 6 x 25m Novelty Breaststroke	Junior	6
11:40	21	Boys 25m Backstroke	Senior	1
11:43	22	Girls 25m Backstroke	Senior	1
11:46	23	Boys 25m Backstroke	Junior	1
11:50	24	Girls 25m Backstroke	Junior	1
11:53	25	Boys 25m Any Stroke	U/14	1
11:56	26	Girls 25m Any Stroke	U/14	1
11:59	27	Boys 25m Any Stroke	U/15	1
12:02	28	Girls 25m Any Stroke	U/15	1
12:05	29	Boys 25m Any Stroke	U/19	1
12:07	30	Girls 25m Any Stroke	U/19	1

**EVENTS 13 to 20 | RELAYS**

Refer to '25m Pool Program information' to confirm which end each of your students will start their swim from



# 25m pool      Program of events

LANE ALLOCATIONS						
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7
CHRISTCHURCH / MLC	TRINITY / MERCEDES	LA SALLE	SERVITE	CORPUS CHRISTI	SETON	URSULA FRAYNE

Time	Event no.	Event	Age	No. of students
12:10	31	Boys 4 x 25m Novelty	Junior	4
12:17	32	Girls 4 x 25m Novelty	Junior	4
12:25	33	Boys 4 x 25m Novelty	Senior	4
12:30	34	Girls 4 x 25m Novelty	Senior	4





# 25m pool Program information

## Events 13 – 20

- These are all relay events, with up to x6 swimmers in each team
- If you do not have x6 swimmers, you can entice a teacher or volunteer to join your team
- Schools participate in their usual lane allocations
- SWIMMERS 1, 3 & 5 will commence from the start end of the pool
- SWIMMERS 2, 4 and 6 will commence from the finish end of the pool
- Swimmers will swim through a hula hoop supported by the novelty event assistants
- Students are encouraged to try the swimming stroke for the event, but any stroke is also wonderful

## Events 21 – 30

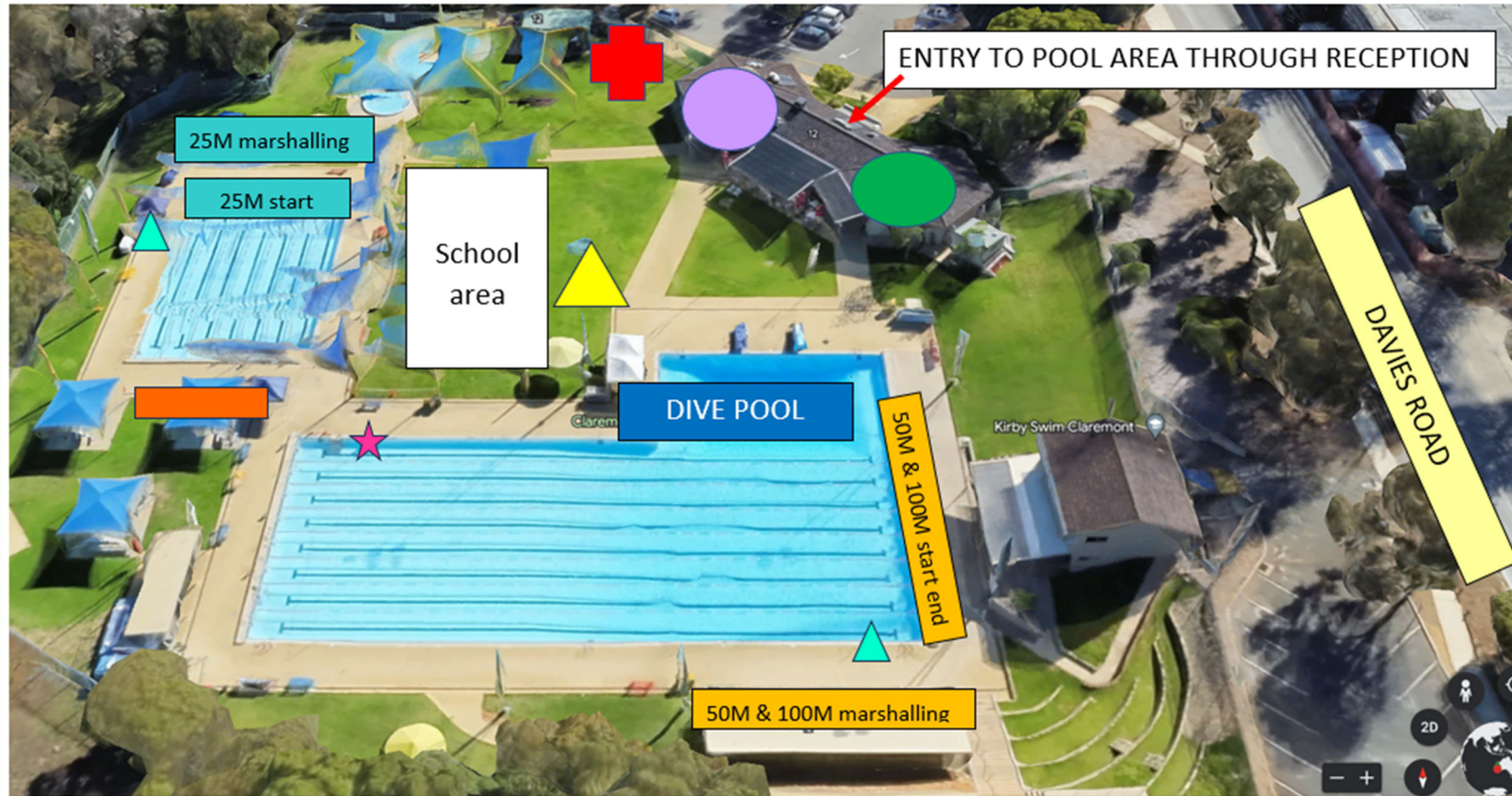
- These are medallion events, with place and participation ribbons also awarded

## Events 31 – 34 'Noodle' relay events

- You require x4 for your relay team
- Swimmers ONE and THREE are at the start end, TWO and FOUR are at the finish end
- All swimmers start in the water
- Swimmer ONE starts with the pool noodle, and with their chosen stroke, takes the noodle to the next swimmer, at the other end of the pool
- Swimmer TWO takes the noodle, and does the same, passing the noodle to Swimmer THREE
- The same is repeated, with the end of the race being when Swimmer FOUR completes the race with the pool noodle



# Claremont Aquatic Centre : site map



## KEY



First Aid



Male changerooms



Announcer and results



ACC area



50m pool hoist



Female change rooms



Chief starter



# PARENT AND SPECTATOR CODE OF CONDUCT



The code of conduct provides an ethical framework for a positive, safe and harassment free environment. As a parent or spectator you should:

- Encourage children to participate if they are interested. If a child is not willing - do not force him/her.
- Focus on the child's efforts and performances rather than the overall outcome of the event.
- Teach children that an honest effort and personal best is as important as a victory, so that the results of each event is accepted without undue disappointment
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake or losing an event.
- Respect the official's decision. If a result or decision needs to be checked, follow the appropriate procedure in order to query the decision and teach athletes to do likewise. Do not approach officials directly to question their judgement in public. Never harass, intimidate or place undue pressure on an official or competitor.
- Never enter the competition arena, track, field event site or officials area. Never video or photograph children that are not in your immediate family. Recognise the value and importance of the volunteer coaches. they give their resources to provide recreational activities for your child's involvement and deserve your support
- Athletes participate in organized sports for fun. They are not competing for the entertainment of the spectators only, nor are they "miniature" professionals.
- Applaud all good performances and effort by your teams athletes and their opponents regardless of the competition's outcome.
- Always aim to give children positive motivational comments.
- Show respect for your team's opponents. Without them there would be no competition.
- Demonstrate appropriate social behaviour by not using foul language, harassing participants, coaches or officials.

# OFFICIALS CODE OF CONDUCT



The code of conduct provides an ethical framework for a positive, safe and harassment free environment. As an official you should:

- Ensure that equipment and facilities meet safety standards and assist in the safety and welfare of athletes.
- Be a positive role model in behaviour and personal appearance.
- Feel confident about what you are doing and the decision you are making. Value the individual.
- Answer any and all questions asked of you by an athlete.
- Use common sense to ensure that the "spirit of competition" is not lost. Accept responsibility for all action taken.
- Be impartial and do not coach athletes whilst officiating.
- Work as part of a team and follow instructions provided by Competition Management, Referees or Chief Officials.
- Avoid any situation which may lead to conflict or to a conflict of interest. Be courteous, respectful and open to discussion and interaction.
- Refrain from any form of personal abuse or harassment towards athletes and/or fellow officials.
- Make personal commitment to keep yourself informed of required officiating protocols and be up to date with technical rules.
- Comply with all rules and policies as published and adopted by the Associated & Catholic Colleges of WA.
- Understand the repercussions if you breach, or are aware of any breaches of this Code of Conduct